



SAFE USE OF HARNESS & PERSONAL HARNESS INSPECTION



Cost:

Pricing available on request

Duration:

½ day

Overview:

Upon completion of this course candidates will be able to:

- Understand why fall arrest equipment is needed
- Know when an operative should be clipped on
- Understand how the use of a harness will affect working methods
- Understand inspection and recording requirements
- Understand the importance of anchor point selection
- Fit a harness correctly
- Understand the fatal risks of suspension trauma



**Assessments:**

Question paper

Who is it for?

This course is aimed at anyone who is required to use safety harnesses. It is also applicable to raise awareness of those whose role includes managing or supervising staff.

Aim:

To understand how to use a safety harness in a correct and safe manner

Method of delivery?

Classroom, demonstration and discussion

Objectives

To raise awareness of falls from heights and understand the correct use and basic personal inspection of harness requirements.

Date last updated: 25/09/2014

