



University of Central Lancashire

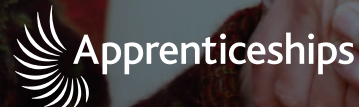
Training 2000

Senior Healthcare Support Worker

Adult Nursing Support Apprenticeship

Level 3

Senior adult nursing support workers look after adults in a range of settings, duties will vary accordingly. In most instances your supervisor will be a registered nurse. Some people you support have short term needs; eg they have sustained an injury. Others may have long-term conditions which affect them every day, all their lives eg asthma, diabetes, cancer, heart disease, dementia, depression, stroke or arthritis. Many people suffer from more than one condition eg an older person who has sustained a fall and has a wound that needs regular dressing, may also have heart disease. Some people will need round the clock care.



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Adult Nursing Support Level 3

Apprenticeship information

Duration

18 months

Where will I study?

Training 2000 Blackburn OR your employers location

Entry requirements

Health and Social Care experience and a minimum of two GCSE at grade 4 (grade C) or above in Maths and English is desirable. Functional Skills can be obtained on the course. You will also need to be caring and compassionate, honest, conscientious and committed. You may have to complete your English and Maths Functional Skills depending on your GCSE grades.

Our Apprenticeship includes:

- Continuous training during programme
- Regular reviews with the apprentice and the employer
- Support when the apprentice is ready to undertake the End Point Assessment (EPA)

What you'll learn

It comprises of a Level 3 Standard including a Level 3 Diploma in Healthcare Support followed by the end-point assessment (EPA).

Key knowledge

Assist with clinical tasks

- assist nurses with delegated clinical tasks
- undertake a range of physiological measurements on adults
- assist with tissue viability risk assessments
- assist with caring for wounds
- obtain and test samples and other specimens
- support frailty, end of life care
- contribute to discharge from services
- monitor and maintain the environment, equipment and resources; perform first line calibration on clinical equipment and manage stock control
- recognise limitations in mental capacity and respond appropriately
- Other clinical tasks are determined by your local work setting and policies eg: support people to receive medication or non-oral treatments; monitor the effects of medication; care for stomas; take ECGs;

care for individuals with catheters or nasogastric tubes; carry out screening activities eg hearing or vision; monitor swallowing, prepare or carry out extended feeding techniques.

You will know and understand:

- which clinical tasks you will routinely be expected to carry out within your role
- the range of physiological states that can be measured including body temperature, height, weight, blood pressure, pulse, urinary output, breathing rate, oxygen saturation, and blood sugar levels; the types of equipment used for measuring physiological states in adults and how to check they are in working order
- the importance of skin integrity and how to check it
- how to care for wounds
- how to take and test venous and capillary blood and other specimens
- what is meant by frailty; the end of life phase and

factors which impact on the care of the dying or deceased

- the discharge process, the availability and services offered by the extended health and social care system

- where to source equipment and resources
- the importance of early diagnosis in relation to dementia and other cognitive issues; why depression, delirium and the normal ageing process may be mistaken for dementia

Activities of daily living

- support adults to develop and maintain skills for everyday life, continuing recommended therapies and activities and encouraging them to take responsibility for their own health and wellbeing; support carers to meet the needs of the adult; advise and inform adults on managing their own condition
- support or enable adults to eat, drink
- support or enable adults to wash and dress and use the toilet
- support adults to be mobile, rest, sleep, keep safe or express their sexuality

- approaches to promoting health and wellbeing; a range of long term conditions and the impact they may have on a person's physical and mental health and well-being; which long term conditions you are most likely to support in your role; the activities of daily living and ways in which you can support individual's to maintain and improve them
- the effects of poor nutrition and dehydration
- how to wash, dress and support an adult to use the toilet; ways to manage situations in which the adult cannot do these things for themselves
- how to help adults to be mobile and the importance of rest and sleep

Key behaviours

- You will treat people with dignity, respecting individual's diversity, beliefs, culture, needs, values, privacy and preferences, show respect and empathy for those you work with, have the courage to challenge areas of concern and work to best practice, be adaptable, reliable and consistent, show discretion, show resilience and self-awareness and show supervisory leadership.

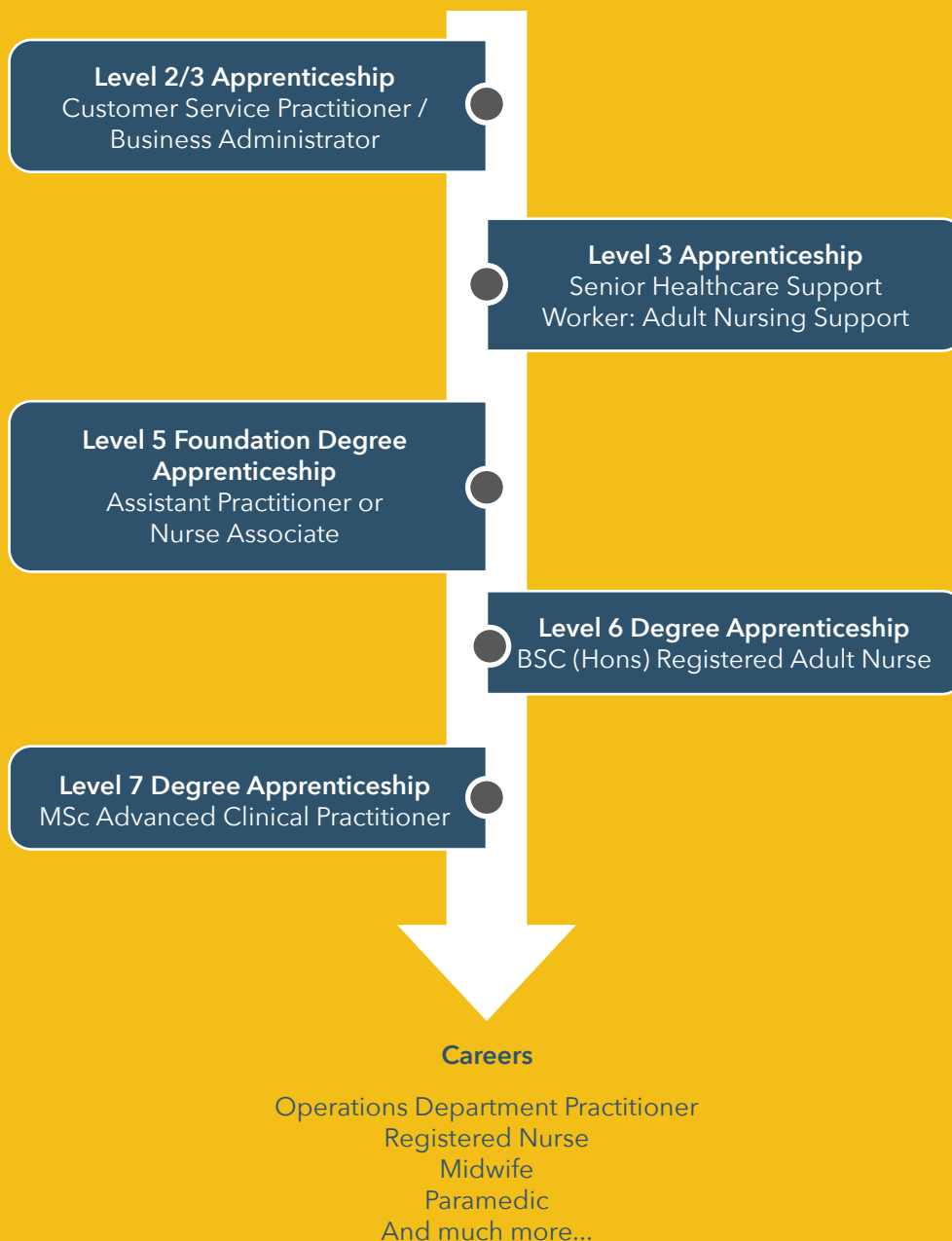
How you'll be assessed?

At the end of your Apprenticeship you'll go through an end-point assessment (EPA) and be graded based on:

1. A multiple choice test that is divided into two parts. Part A covers the core knowledge involved and Part B covers the option-specific knowledge included.
2. The observation of practice is undertaken in the apprentice's workplace to assess skills and behaviours highlighted. A question and answer session will be used for skills and behaviours not fully seen during the observation period.
3. The professional discussion will assess the apprentice's knowledge, skills, values and behaviours in practice. The apprentice will collate a portfolio which they will use to underpin the professional discussion.

Your Apprenticeship career path

Below is an example career path showing how you can earn, learn and study up to Degree level with an Apprenticeship. Training 2000 are part of the University of Central Lancashire which makes it easier than ever to progress on to a Degree Apprenticeship.



Interested? Apply now

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Proud to be part of the

