



University of Central Lancashire

Training 2000

INFORMATION FOR STUDENTS



Education Wellbeing Champion

Level 3 Apprenticeship

Education Wellbeing Champions are there to improve the health of students and staff by preventing poor health and tackling inequalities. It's a non-medical approach to support individual's wellbeing before medical intervention is required.



Who is this qualification for:

This Apprenticeship is ideal for members of your school community, including teachers, teaching assistants, and support staff, looking to enhance their support and feedback skills through effective coaching and counselling, benefiting all staff, students, families, and the local community.

By enrolling staff on this Apprenticeship, your school demonstrates a commitment to wellbeing and creates a supportive environment for mental health needs. This Apprenticeship is suitable for employees at all levels. Any member of staff in your school community from HR to headteachers can join.

Duration: 15 months - flexible training options available

Where will I study:
Online learning

Entry requirements:
A minimum of two GCSE at grade 4 (grade C) or above in Maths and English is required. You may have to complete your English and Maths Functional Skills depending on your GCSE grades.

Qualification:
Community Health and Wellbeing Worker Level 3 Apprenticeship

Cost:
£7,000 for levy paying employers
£350 for non-levy and student aged 22+ years old (5% contribution)
£0 for non-levy and student 16-21 years old

“Promoting and supporting mental health and wellbeing in education is an important part of the DfE's plan to improve the educational experience for all.”

This apprenticeship will provide you with the skills needed to support the mental health and wellbeing of the school community, and the wellbeing of your career”

*Natalie Hicks
Education Wellbeing Champion tutor*

Learn ways to deal with:

Sleep

Self-harm

Nutrition

Exercise

Addiction

Relationships

Anxiety

Suicide

Mental health

Depression

Family relationships

ADHD

Conflict

Cyberbullying

Finance

Apprenticeship topics

Promoting and protecting health and wellbeing

Operate within legal and ethical frameworks that relate to the promotion and protection of health and wellbeing

Personal and professional development

Take responsibility for your personal and professional development in line with organisational protocol - supporting you to be the best professional you can be.

Community centred approaches

Help individuals and communities to build resilience and strength. Identify resources in your community that support health and wellbeing

Local and national services supporting wellbeing

Provide informed advice about local and national government-funded services and projects that support health and wellbeing

The referral process

Manage referrals to and from a range of agencies, professionals and through self-referral, ensuring you meet legal requirements, such as Data Protection.

Preventative approaches

Use preventative approaches to promote the health and wellbeing of individuals, groups and communities, addressing the wider determinants of health and causes of ill health.

Supporting behaviour change

Apply behavioural science to help people find practical solutions, supporting individuals to improve their health and wellbeing

Evidence-based policies

Implement actions set out in national evidence-based strategies and policies that promote health and wellbeing at the community level

Public health and wellbeing campaigns

Communicate public health messages and information relevant to your setting to promote health and wellbeing at an individual, group and community level.

Quality improvement project

Manage data and information and contribute to the evaluation of projects and services

How you'll be assessed?

At the end of your Apprenticeship you'll go through an end-point assessment (EPA) and be graded a pass or distinction based on a:

1. Multiple-choice test

2. Demonstration of practice

3. Professional discussion

Interested? Our Apprenticeships start throughout the year. Apply now!

www.training2000.co.uk

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Proud to be part of the



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UCLan