



University of Central Lancashire

Training 2000

INFORMATION FOR STUDENTS



Community Health and Wellbeing Worker

Level 3 Apprenticeship

Community Health and Wellbeing Workers are employed to improve the health of local people and communities by preventing poor health and tackling inequalities. It's a non medical approach to support individual's wellbeing before medical intervention is required.

A Community and Health Wellbeing Worker will support individuals with the symptoms of the modern world eg ADHD, depression, addiction, trauma, anxiety by 'socially prescribing' photography classes, gardening, volunteering, art classes, choirs, cooking etc.

Duration: 15 months - half a day per week
Six hours per week need to be dedicated towards portfolio work and training in the workplace

Where will I study:
Online learning

Entry requirements:

A minimum of two GCSE at grade 4 (grade C) or above in Maths and English is required. You may have to complete your English and Maths Functional Skills depending on your GCSE grades.

Who is this qualification for:

- Social Prescribers
- Wellbeing champions
- HR professionals
- Charity based professionals
- Primary care
- Educational staff and teachers
- And anyone who wants to improve their skills to support individuals wellbeing

What you'll learn

Promoting and protecting health and wellbeing

Operate within legal and ethical frameworks that relate to the promotion and protection of health and wellbeing

Personal and professional development

Take responsibility for your personal and professional development in line with organisational protocol - supporting you to be the best professional you can be.

Community centred approaches

Help individuals and communities to build resilience and strength. Identify resources in your community that support health and wellbeing

Local and national services supporting wellbeing

Provide informed advice about local and national government-funded services and projects that support health and wellbeing

The referral process

Manage referrals to and from a range of agencies, professionals and through self-referral, ensuring you meet legal requirements, such as Data Protection.

Preventative approaches

Use preventative approaches to promote the health and wellbeing of individuals, groups and communities, addressing the wider determinants of health and causes of ill health.

Supporting behaviour change

Apply behavioural science to help people find practical solutions, supporting individuals to improve their health and wellbeing

Evidence-based policies

Implement actions set out in national evidence-based strategies and policies that promote health and wellbeing at the community level

Public health and wellbeing campaigns

Communicate public health messages and information relevant to your setting to promote health and wellbeing at an individual, group and community level.

Quality improvement project

Manage data and information and contribute to the evaluation of projects and services

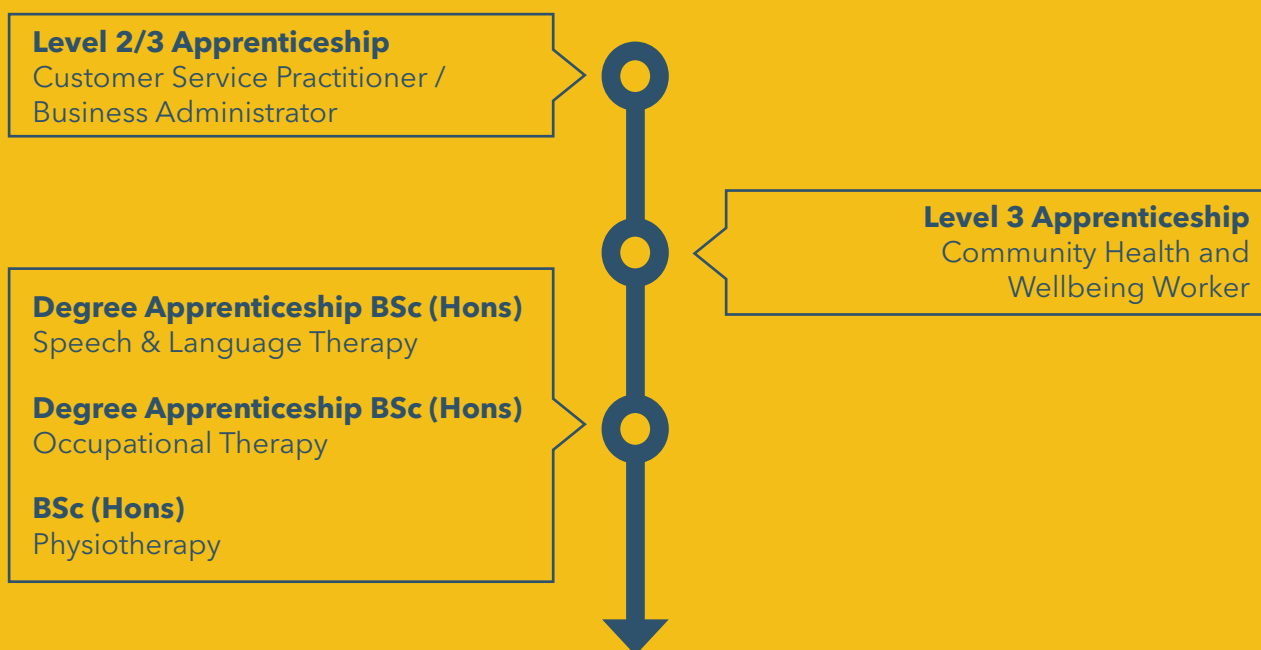
How you'll be assessed?

At the end of your Apprenticeship you'll go through an end-point assessment (EPA) and be graded a pass or distinction based on a:

1. Multiple-choice test
2. Demonstration of practice
3. Professional discussion

Your Apprenticeship career path

Below is an example career path showing how you can earn, learn and study up to Degree level with an Apprenticeship. Training 2000 are part of the University of Central Lancashire which makes it easier than ever to progress on to a Degree Apprenticeship or Degree.



The opportunities are endless when you complete a Community Health & Wellbeing Apprenticeship:
Community health champion | Live well coach | Social prescribing link worker | Speech and Language
Therapist | Physiotherapist | Occupational Therapist | And much more...

Interested? Apprenticeships start throughout the year. Apply now!

www.training2000.co.uk
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Proud to be part of the

